Mobile Career Center

Charlotte Hall

Leonardtown

Thursdays, 9 a.m. - 1 p.m. June 6, August 1

Tuesdays, 1 - 4 p.m. June 11, July 9, August 13



#### **Lexington Park**

Wednesdays, 9 a.m. - 1 p.m. June 26, Juy 24, August 28

### Dept. of Aging and Human Services

Leonardtown

Thursday, June 20, 3 – 5 p.m. Wednesday, July 17, 3 – 5 p.m. Friday, August 9, 3 – 5 p.m.

The Department of Aging and Human Services will be in the foyer to talk about services and upcoming programs for seniors.

## Walden Pop Up Recovery!

Leonardtown 11 a.m. - 1 p.m.
Wednesdays, June 19, July 17, and August 21
A representative from Walden will be in the foyer to talk about behavioral health and wellness.

### Master Gardener Plant Clinics

Lexington Park

1st and 3rd Tuesdays 11 a.m. - 1 p.m. **Leonardtown**2nd and 4th Tuesdavs

11 a.m. - 1 p.m.

#### **Charlotte Hall**

1st and 3rd Saturdays 10 a.m. - 12 noon
Have questions about growing vegetables, soil conditions,
mystery insects, invasive weeds, or heirloom plants? Ask a
Master Gardener at these free plant clinics. Stop by the table
in the foyer with your plant samples and questions.

April through October

Drop-in Jech Help

Leonardtown Library Wednesdays 6 - 7 p.m.
Drop-In Tech Help is open for any and all basic technology questions! We'll do our best to assist you in a relaxed, lowstress environment. Learn how to download eBooks and eAudiobooks to your phone or tablet. Learn how to navigate the internet, email, and social networks. Learn how to connect devices to a network, Bluetooth, or the cloud. Using technology effectively is right at your fingertips!

First Time Home Buyers Seminar

Leonardtown Library Saturday, June 8 10 a.m. - 12 noon Are you tired of renting? Samara Dinnius, with The Benya Group at Keller Williams, and Trey Reed, with MVB Mortgage, will discuss everything you need to ask yourself before looking for your dream home including multiple programs and grants available for first time Maryland home buyers and the steps necessary to get your credit ready for the process.

Registration required.

How to Prevent and Protect Yourself from Identity Theft

Lexington Park Library

Tuesday, July 23 6 - 7:30 p.m.

Headlines saying your favorite store/website has been hacked and experienced a security breach appear more and more frequently these days. Knowing how to protect yourself and your family from ID theft is crucial. You will learn how to guard against identity theft, scams, and frauds, as well as what ID theft is, how it happens, and steps to take if you are a victim. Registration required.

## How to Understand Your Credit Score Lexington Park Library

Tuesday, August 20 6 - 7:30 p.m.

Credit scores don't just impact your financial world - they actually affect much more in your life. Your score may be evaluated by potential employers, landlords, utility companies, insurance companies and more. Having a good understanding of credit scores can help you become a good manager of your credit. There are many free resources available online that provide valuable information about credit. You will learn how to request a credit report, read it, report or dispute any errors in your report, and improve your credit score.

Registration required.

# What is Mindfulness, and How Do J Begin?

**Lexington Park Library** Wednesday, August 14 6 - 7:30 p.m. **Charlotte Hall Library** Thursday, August 15 6 - 7:30 p.m.

Want to try Mindfulness Meditation but not sure where to begin? Cindy Maxted, of Mid Atlantic Mindfulness, will introduce you to the concepts of mindfulness vs. meditation, explain the benefits of both, and define mindful body, mindful breathing, mindful movement and mindful eating. Cindy has her BSN and RN and is a certified Mindful Educator and Yoga Instructor. This is a Choose Civility: Southern Maryland event. Registration required.

### Summertime and the Living is Easy

Leonardtown Library Tuesday, June 11 2 - 3 p.m. Summertime should be easy, and gardening should be enjoyable. Master Gardeners will help make it that way. They will discuss dealing with nuisance wildlife, good bugs and bad bugs, getting your gardens through dry spells, and winning the battle over weeds. Registration required.

## Paying for College and Reducing Student Loan Debt

#### **Lexington Park Library**

Tuesday, August 6 6 - 7:30 p.m.

If you want to get a college education in the U.S. these days, getting a student loan seems to be part of the deal. Explore options for graduating college with less debt and various ways to repay the student loans you already have.

Registration required.

## Common Thread Lexington Park Library

2nd & 4th Tuesdays, 6 - 7:30 p.m.

Whether you have been stitching for years, or you just want to learn, join fellow crafters who love all things fabric and fiber. Open to knitters, crocheters, quilters, embroiderers, cross-stitchers, and any other kind of needleworkers. Bring your current project, mingle with like-minded makers, and swap patterns, ideas, and tips. Basic supplies available, if needed. All skill levels welcome. No registration required.

## Art On Your Own Jerms Lexington Park Library

1st Monday (June 3, July 1, August 5) 6 - 7:30 p.m. Come brighten your day with a little "art therapy," and use creativity as your outlet for stress! Experiment with a variety of art supplies, and make a project to take home. Materials provided. Ages 18 and up. No registration required.

\* Yoga at the Library

Lexington Park Library 9:30 - 10:30 a.m. Saturdays, August 3, 17, 24 and 31

A yoga basics class that is appropriate for all levels of experience. Learn how to align the mind, body, and breath as you move your joints through the appropriate range of motion. This yoga basics class is offered in a relaxed learning environment. Open to all levels of interest and ability. Taught by Evolve Yoga + Wellness. Please bring a yoga mat or a

towel. Registration required.

### Charlotte Hall Book Discussion

Charlotte Hall Library 6:45 p.m.

**June 3:** The 7 1/2 Deaths of Evelyn Hardcastle

by Stuart Turton

July 1: Circe by Madeline Miller

August 5: The Martian by Andy Weir



## Book Bites Taphouse 1637

Monday, July 8 6 - 7:30 p.m.

Grab a bite and gab about books! Join us at Taphouse 1637 in California for a relaxed conversation about what you've been reading. Share what you loved (or loathed) about the last book you read, gather new recommendations from the rest of the group, and enjoy the company of fellow bibliophiles. Visit taphouse1637.com for directions and to see menu options available for purchase.

Adults only. No registration.



### TV Trivia Night

Lexington Park Library 6 - 7 p.m.
Thursdays, June 13, July 11 and August 15
June 13: Sci-fi/Fantasy TV Shows
July 11: Sitcoms

August 15: TV Dramas

Apply your knowledge of popular TV shows to win bragging rights and small prizes at team trivia night. Ages 18 and up.

No registration required.



### **SPACE FEST!**

#### Lexington Park Library

Thursday, August 8 5 - 7 p.m.

NASA Solar System Ambassador Chuck Quintero will take us on a virtual sky tour, lead a meteor talk, and answer questions. Pick up a planetary passport and visit each station to learn about a different planet or object in our solar system. For the whole community, all ages welcome!



### **CHARACTIC CHAMES**

**Lexington Park Library** 

Wednesday, June 19 6 - 7:30 p.m.

Let loose in low gravity with some grownup game time!
Explore outer space with the Oculus Rift virtual reality
kit, engage in a little interstellar target practice with Nerf
crossbows, and more! This cosmically fun event is for adults
only. No registration required.



### St. Mary's County Government Center

(on the front lawn near Miedzinski Park) 23145 Leonard Hall Drive, Leonardtown, Md.

Tickets on sale May 6 \$10 sold on www.stmalib.org



The longest table is a community conversation over a family-style meal where participants discuss how to Choose Civility in their everyday interactions.

In partnership with the Human Relations Commission of St. Mary's County, Bailey's Party Rentals, Southern Maryland Regional Library Association, Mission BBQ, and more community partners.

## **A Universe of Stories**

2019 Summer Reading

June 17 - August 17 **Sign up online!** 

https://stmalib.beanstack.org

All ages (0 - 150) are invited to complete challenges to earn a free glow-in-the-dark t-shirt and books, and be entered to win gift cards!

Stay Connected!



facebook



#### Charlotte Hall Library

37600 New Market Road 301-884-2211

#### Leonardtown Library

23250 Hollywood Road 301-475-2846

#### **Lexington Park Library**

21677 FDR Blvd. 301-863-8188

#### Hours:

Monday-Thursday g a.m.-8 p.m. Friday-Saturday g a.m.-5 p.m. Sunday (Lexington Park Library only) 1 p.m. -5 p.m.

www.stmalib.org



# JUNE - FLUGUST EVENTS

Adults

